

**Tyler Independent School District
High School Cycle Menus
2018-2019**

Monday	Tuesday	Wednesday	Thursday	Friday
(Breakfast) Sausage Biscuit Cereal w/Scooby Grahams Yogurt w/Scooby Doo Grahams Strawberry Pop-Tarts Whole Grain Cinnamon Bun Peanut Butter & Jelly Crustable Diced Peaches Sliced Red Apples Variety of Juice Variety of Milk	(Breakfast) Breakfast Mini Pancakes w/Sausage Cereal w/Scooby Grahams Yogurt w/Scooby Doo Grahams Strawberry Pop-Tarts Whole Grain Cinnamon Bun Peanut Butter & Jelly Crustable Applesauce Sliced Green Apples Variety of Juice Variety of Milk	(Breakfast) Sausage Roll Cereal w/Scooby Grahams Yogurt w/Scooby Doo Grahams Strawberry Pop-Tarts Whole Grain Cinnamon Bun Peanut Butter & Jelly Crustable Diced Pears Sliced Red Apples Variety of Juice Variety of Milk	(Breakfast) Sausage Pancake on a Stick Cereal w/Scooby Grahams Yogurt w/Scooby Doo Grahams Strawberry Pop-Tarts Whole Grain Cinnamon Bun Peanut Butter & Jelly Crustable Fruit Cocktail Sliced Green Apples Variety of Juice Variety of Milk	(Breakfast) Chicken Biscuit Cereal w/Scooby Grahams Yogurt w/Scooby Doo Grahams Strawberry Pop-Tarts Whole Grain Cinnamon Bun Peanut Butter & Jelly Crustable Diced Peaches Sliced Red Apples Variety of Juice Variety of Milk
Monday (Hot Line) <u>Lunch Entrée:</u> Beef Ravioli w/Roll <u>Fruit/vegetable:</u> Baby Carrot Sticks Tossed Spinach Salad Fresh Fruit/Fruit Cocktail Variety of Milk	Tuesday (Hot Line) <u>Lunch Entrée:</u> Asian Glazed Chicken w/Roll <u>Fruit/vegetable:</u> Steamed Broccoli w/wo Cheese Mashed Potatoes Fresh Fruit/Diced Pears Variety of Milk	Wednesday (Hot Line) <u>Lunch Entrée:</u> Penne Marinara w/Meatballs w/Roll <u>Fruit/vegetable:</u> Baby Carrot Sticks Romaine Salad Fresh Fruit/Diced Peaches Variety of Milk	Thursday (Hot Line) <u>Lunch Entrée:</u> Oven Fried Chicken w/Roll <u>Fruit/vegetable:</u> Steamed Corn Baby Carrot Sticks Fresh Fruit/Raisels Variety of Milk	Friday (Hot Line) <u>Lunch Entrée:</u> Breaded Steak Patty w/Roll <u>Fruit/vegetable:</u> Mashed Potatoes w/wo Gravy Pinto Beans Fresh Fruit/Applesauce Variety of Milk

Chef Salads offered Daily at Lunch: Popcorn Chicken or Fajita Chicken with Roll*

Turkey & Cheese on a Bun is available daily at lunch as an alternate to any entrée*