


## Tyler ISD Middle School Menu January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Fruit Choice:</b> <b>Monday-</b> Diced Peaches <b>Tuesday-</b> Applesauce <b>Wednesday-</b> Diced Pears <b>Thursday-</b> Fruit Cocktail <b>Friday-</b> Diced Peaches  <b>**Variety of Milk offered at Breakfast and Lunch Daily**</b>	<b>Jan 1</b> 	<b>Jan 2</b>  <p style="text-align: center;"><b>Christmas Break</b></p>	<b>Jan 3</b>  <p style="text-align: center;"><b>Christmas Break</b></p>	<b>Jan 4</b>  <p style="text-align: center;"><b>Christmas Break</b></p>
<b>Jan 7</b> Blueberry Mini Pancakes <b>Lunch Entrée:</b> Spicy Popcorn Chicken w/Roll Stuffed Crust Pepperoni Pizza Oven Fried Chicken w/Roll <b>Fruit/vegetable:</b> Mashed Potatoes w/wo Gravy Mixed Vegetables Raisels (Fruit Punch)	<b>Jan 8</b> Sausage Pancake on a Stick <b>Lunch Entrée:</b> Cheeseburger Spicy Chicken on a Bun Asian Chicken w/Roll <b>Fruit/vegetable:</b> Baked Seasoned Fries Baby Carrot Sticks Lettuce/ Tomatoes/ Pickles Blueberry Craisins	<b>Jan 9</b> Breakfast Pizza <b>Lunch Entrée:</b> Beef Doritos Nachos Four Meat Primo Pizza Beef Tamales w/wo Chilli <b>Fruit/vegetable:</b> Tossed Salad Refried Beans Orange Wedges	<b>Jan 10</b> Sausage Biscuit <b>Lunch Entrée:</b> Breaded Chicken on a Bun Corn Dog Popcorn Chicken Chef Salad <b>Fruit/vegetable:</b> Lettuce/ Tomato/ Pickles Baby Carrot Sticks Oven Baked Seasoned Fries Applesauce	<b>Jan 11</b> Cinnamon Mini Waffles <b>Lunch Entrée:</b> Chicken Tenders w/ Roll Pepperoni Pizza Pocket Steak Fingers w/Roll <b>Fruit/vegetable:</b> Mashed Potatoes Seasoned Green Beans Sliced Red Apples/Fresh Gala Apples
<b>Jan 14</b> Chicken Biscuit <b>Lunch Entrée:</b> Beef Tostitos Nachos Solo Pepperoni Pizza Asian Chicken w/Roll <b>Fruit/vegetable:</b> Pinto Beans Baby Carrot Sticks Tossed Salad Strawberry Craisins	<b>Jan 15</b> Maple Mini Pancakes <b>Lunch Entrée:</b> Cheeseburger Breaded Chicken on a Bun Beef Ravioli w/Roll <b>Fruit/vegetable:</b> Oven Baked Seasoned Fries Lettuce/ Tomato/ Pickles Orange Wedges	<b>Jan 16</b> Sausage Pancake on a Stick <b>Lunch Entrée:</b> Stuffed Crust Cheese Pizza Taco Snack w/wo cheese sauce Popcorn Chicken Chef Salad <b>Fruit/vegetable:</b> Baby Carrot Sticks Oven Baked Seasoned Fries Diced Peaches	<b>Jan 17</b> French Toast Sticks <b>Lunch Entrée:</b> Buffalo Chicken Tenders w/Roll Pepperoni & Cheese Calzone Steak Fingers w/Roll <b>Fruit/vegetable:</b> Mashed Potatoes w/wo Gravy Seasoned Green Beans Applesauce	<b>Jan 18</b> Sausage Roll <b>Lunch Entrée:</b> Beef Doritos Nachos Hot Dog w/Doritos w/wo chili Penne Marinara w/Meatballs w/Breadstick <b>Fruit/vegetable:</b> Tossed Salad Seasoned Corn Sliced Green Apples/Fresh Granny Smith Apples
<b>Jan 21</b>  <p style="text-align: center;"><b>Martin Luther King Jr. Holiday NO SCHOOL!!!</b></p>	<b>Jan 22</b> Sausage Pancake on a Stick <b>Lunch Entrée:</b> Cheeseburger Spicy Chicken on a Bun Asian Chicken w/Roll <b>Fruit/vegetable:</b> Baked Seasoned Fries Baby Carrot Sticks Lettuce/ Tomatoes/ Pickles Cherry Craisins	<b>Jan 23</b> Breakfast Pizza <b>Lunch Entrée:</b> Beef Doritos Nachos Four Meat Primo Pizza Beef Tamales w/wo Chilli <b>Fruit/vegetable:</b> Tossed Salad Refried Beans Sliced Red Apples/Fresh Gala Apples	<b>Jan 24</b> Sausage Biscuit <b>Lunch Entrée:</b> Breaded Chicken on a Bun Corn Dog Popcorn Chicken Chef Salad <b>Fruit/vegetable:</b> Lettuce/ Tomato/ Pickles Baby Carrot Sticks Oven Baked Seasoned Fries Orange Wedges	<b>Jan 25</b> Cinnamon Mini Waffles <b>Lunch Entrée:</b> Chicken Tenders w/ Roll Pepperoni Pizza Pocket Steak Fingers w/Roll <b>Fruit/vegetable:</b> Mashed Potatoes Seasoned Green Beans Grapple
<b>Jan 28</b> Chicken Biscuit <b>Lunch Entrée:</b> Beef Tostitos Nachos Solo Pepperoni Pizza Asian Chicken w/Roll <b>Fruit/vegetable:</b> Pinto Beans Baby Carrot Sticks Tossed Salad Strawberry Craisins	<b>Jan 29</b> Maple Mini Pancakes <b>Lunch Entrée:</b> Cheeseburger Breaded Chicken on a Bun Beef Ravioli w/Roll <b>Fruit/vegetable:</b> Oven Baked Seasoned Fries Lettuce/ Tomato/ Pickles Orange Wedges	<b>Jan 30</b> Sausage Pancake on a Stick <b>Lunch Entrée:</b> Stuffed Crust Cheese Pizza Taco Snack w/wo cheese sauce Popcorn Chicken Chef Salad <b>Fruit/vegetable:</b> Baby Carrot Sticks Oven Baked Seasoned Fries Sliced Green Apples/Fresh Granny Smith Apples	<b>Jan 31</b> French Toast Sticks <b>Lunch Entrée:</b> Buffalo Chicken Tenders w/Roll Pepperoni & Cheese Calzone Steak Fingers w/Roll <b>Fruit/vegetable:</b> Mashed Potatoes w/wo Gravy Seasoned Green Beans Applesauce	<b>Daily Breakfast Choices:</b> Daily Hot Breakfast (or) Cereal w/Scooby Graham Crackers (or) Yogurt w/ Scooby Graham Crackers (or) Strawberry Pop-Tarts  <p style="text-align: center;"><b>**Breakfast is Free for All Students**</b></p>

\*\*Turkey & Cheese on a Bun is available daily as an alternate to any entrée\*\*