

## Tyler ISD St. Louis Headstart Menu December 2018

++Monday	Tuesday	Wednesday	Thursday	Friday
<b>Dec 3</b> Sausage Biscuit <u>Lunch Entrée:</u> Chicken Rings <u>Fruit/vegetable:</u> Seasoned Pinto Beans Smiles Mashed Potatoes Strawberry Craisins	<b>Dec 4</b> Yogurt w/Scooby Doo Grahams <u>Lunch Entrée:</u> Hamburger <u>Fruit/vegetable:</u> Baked Seasoned Fries Lettuce, Tomatoes, Pickle Chips Orange Wedges	<b>Dec 5</b> Maple Mini Pancakes <u>Lunch Entrée:</u> Steak Fingers w/Roll (w/wo Gravy) <u>Fruit/vegetable:</u> Steamed Broccoli Spears w/wo cheese sauce Mashed Potatoes Sliced Green Apples	<b>Dec 6</b> Sausage Pancake on a Stick <u>Lunch Entrée:</u> Grilled Cheese Sandwich <u>Fruit/vegetable:</u> Mixed Vegetables Fresh Baby Carrot Sticks Red Grapes	<b>Dec 7</b> French Toast Sticks <u>Lunch Entrée:</u> Turkey & Cheese on a Bun w/Baked Cheetos Puffs <u>Fruit/vegetable:</u> Tossed Romaine Salad Seasoned Corn Applesauce
<b>Dec 10</b> Cinnamon Mini Waffles <u>Lunch Entrée:</u> Cheese Quesadilla <u>Fruit/vegetable:</u> Seasoned Corn Fresh Baby Carrot Sticks Applesauce	<b>Dec 11</b> Sausage Roll <u>Lunch Entrée:</u> Chicken Tenders w/Roll <u>Fruit/vegetable:</u> Seasoned Green Beans Mashed Potatoes Sliced Red Apples/Fresh Gala Apples	<b>Dec 12</b> Yogurt w/Scooby Doo Grahams <u>Lunch Entrée:</u> Cheeseburger <u>Fruit/vegetable:</u> Baked Seasoned Fries Lettuce, Tomatoes, Pickle Chips Cherry Craisins	<b>Dec 13</b> French Toast Sticks <u>Lunch Entrée:</u> Pizza Cheese Sticks w/wo Marinara <u>Fruit/vegetable:</u> Romaine Salad Fresh Baby Carrot Sticks Orange Wedges	<b>Dec 14</b> Sausage Biscuit <u>Lunch Entrée:</u> Mini Corn Dogs <u>Fruit/vegetable:</u> Tossed Romaine Salad Seasoned Pinto Beans Red Grapes
<b>Dec 17</b> Maple Mini Pancakes <u>Lunch Entrée:</u> Oven Fried Chicken w/Roll <u>Fruit/vegetable:</u> Seasoned Green Beans Mashed Potatoes Raisels (Fruit Punch Splash)	<b>Dec 18</b> Sausage Pancake on a Stick <u>Lunch Entrée:</u> Beef Dorito Nachos <u>Fruit/vegetable:</u> Romaine Salad Refried Beans Orange Wedges	<b>Dec 19</b> Breakfast Pizza <u>Lunch Entrée:</u> Beef Ravioli w/Roll <u>Fruit/vegetable:</u> Tossed Romaine Salad Mixed Vegetables Sliced Green Apples	<b>Dec 20</b> Sausage Biscuit <u>Lunch Entrée:</u> Stuffed Crust Pepperoni Pizza <u>Fruit/vegetable:</u> Fresh Baby Carrot Sticks Seasoned Corn Applesauce <i>"Christmas Treat"</i> <i>Kiwi Strawberry Fruit Sidekick</i>	<b>Dec 21</b> Cinnamon Mini Waffles <u>Lunch Entrée:</u> Cheeseburger <u>Fruit/vegetable:</u> Baked Seasoned Fries Lettuce/Tomatoes/Pickle Chips Diced Pears  <i>**Early School Release**</i>
Dec 24 	Dec 25 	Dec 26 <p style="text-align: center;">Christmas Break</p>	Dec 27 <p style="text-align: center;">Christmas Break</p>	Dec 28 <p style="text-align: center;">Christmas Break</p>
Dec 31 <p style="text-align: center;">Christmas Break</p>		1% White Milk offered at Breakfast and Lunch Daily	<u>Breakfast Fruit Choice:</u> Monday- Diced Peaches Tuesday- Applesauce Wednesday- Diced Pears Thursday- Fruit Cocktail Friday- Diced Peaches	Cereal & Graham Crackers offered at Breakfast

**\*\*Breakfast is Free for All Students\*\***