



Tyler ISD Early College/Rise Menu December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Dec 3 French Toast Sticks <u>Lunch Entrée:</u> Individual Pepperoni Pizza Oven Fried Chicken w/Roll <u>Fruit/vegetable:</u> Mashed Potatoes w/wo Gravy Baby Carrot Sticks Strawberry Craisins/ Fruit Cocktail	Dec 4 Sausage Biscuit <u>Lunch Entrée:</u> Cheeseburger Buffalo Chicken Tenders w/Roll <u>Fruit/vegetable:</u> Oven Baked Seasoned Fries Lettuce/Tomato/Pickles Orange Wedges/ Diced Pears	Dec 5 Blueberry Mini Pancakes <u>Lunch Entrée:</u> Steak Fingers w/Roll Asian Chicken w/Roll <u>Fruit/vegetable:</u> Mashed Potatoes w/wo Gravy Steamed Broccoli w/wo Cheese Sliced Green Apples/Diced Peaches	Dec 6 Sausage Roll <u>Lunch Entrée:</u> Breaded Chicken Sandwich w/Pickles w/Doritos Hot Dog w/wo Chili w/Doritos <u>Fruit/vegetable:</u> Baby Carrot Sticks Lettuce & Tomato Red Grapes/ Applesauce	Dec 7 Maple Mini Waffles <u>Lunch Entrée:</u> Beef Tostitos Nachos Stuffed Crust Pepperoni Pizza <u>Fruit/vegetable:</u> Tossed Romaine Salad Pinto Beans Steamed Corn Fresh Gala Apples/ Raisels
Dec 10 Sausage Biscuit <u>Lunch Entrée:</u> Cheeseburger Corn Dog <u>Fruit/vegetable:</u> Oven Baked Seasoned Fries Lettuce, Tomato, Pickles Applesauce/ Fruit Cocktail	Dec 11 Yogurt w/Cinnamon Gripz Grahams <u>Lunch Entrée:</u> Pizza Pepperoni Pocket Beef Tostitos Nachos <u>Fruit/vegetable:</u> Romaine Salad Steamed Corn Sliced Red Apples/ Diced Pears	Dec 12 Maple Mini Pancakes w/Sausage <u>Lunch Entrée:</u> Stuffed Crust Pepperoni Pizza Asian Chicken w/Roll <u>Fruit/vegetable:</u> Broccoli w/wo Cheese Baby Carrot Sticks Cherry Craisins/ Diced Peaches	Dec 13 Sausage Pancake on a Stick <u>Lunch Entrée:</u> Steak Fingers w/Roll Popcorn Chicken w/Roll <u>Fruit/vegetable:</u> Mashed Potatoes w/wo Gravy Steamed Sliced Carrots Grapple/ Applesauce	Dec 14 Breakfast Pizza <u>Lunch Entrée:</u> Spicy Chicken Sandwich w/Pickle Chips Beef Tostitos Nachos <u>Fruit/vegetable:</u> Oven Baked Seasoned Fries Pinto Beans Romaine Salad Orange Wedges/Raisels
Dec 17 Maple Mini Pancakes w/Sausage <u>Lunch Entrée:</u> Stuffed Crust Pepperoni Pizza Spicy Chicken Sandwich w/Pickles <u>Fruit/vegetable:</u> Oven Baked Seasoned Fries Baby Carrots Applesauce/Fruit Cocktail	Dec 18 Pancake on a Stick <u>Lunch Entrée:</u> Beef Ravioli w/Roll Chicken Tenders w/Roll <u>Fruit/vegetable:</u> Steamed Broccoli w/wo Cheese Mashed Potatoes w/wo Gravy Orange Wedges/ Diced Pears	Dec 19 Breakfast Pizza <u>Lunch Entrée:</u> Breaded Chicken Sandwich w/Pickles Beef Tostitos Nachos <u>Fruit/vegetable:</u> Oven Baked Seasoned Fries Romaine Salad Sliced Green Apples/Diced Peaches	Dec 20 Sausage Biscuit <u>Lunch Entrée:</u> Cheeseburger Spicy Popcorn Chicken w/Roll <u>Fruit/vegetable:</u> Baked Seasoned Fries Baby Carrot Sticks Lettuce/ Tomatoes/ Pickles Red Grapes/ Applesauce	Dec 21 Cinnamon Mini Waffles <u>Lunch Entrée:</u> Taco Snack w/wo Chili Four Meat Primo Pizza <u>Fruit/vegetable:</u> Pinto Beans Seasoned Corn Sliced Red Apples/ Raisels **Early School Release**
Dec 24 	Dec 25 	Dec 26 <p align="center">Christmas Break</p>	Dec 27 <p align="center">Christmas Break</p>	Dec 28 <p align="center">Christmas Break</p>
Dec 31 <p align="center">Christmas Break</p>		<p align="center">**Breakfast is Free for All Students**</p> <p align="center">Variety of Milk offered at Breakfast and Lunch Daily</p>	<p align="center"><u>Breakfast Fruit Choice:</u></p> Monday- Diced Peaches Tuesday- Applesauce Wednesday- Diced Pears Thursday- Fruit Cocktail Friday- Diced Peaches	<p align="center">Daily Hot Breakfast (or) Variety of Cereal and Graham Crackers (OR) Strawberry Pop Tarts Offered Daily at Breakfast</p>

****Ask Café staff for the menu for students attending TJC****