



September 26, 2018

Dear Parent/Guardian:

Our school nurse will do spinal screenings beginning October 1st through Christmas Break.

State law says that schools must screen students for spinal problems. **Girls will be screened two times, once at age 10 (or fall semester of grade 5) and again at age 12 (or fall semester of grade 7). Boys will be screened one time at age 13 or 14 (or fall semester of grade 8).** Trained screeners will check your child for signs of spinal problems like scoliosis.

Catching a spinal problem early can make the treatment much easier. Not treating spinal problems can lead to serious health problems.

The screening is simple. Screeners will look at your child's back while he or she stands and bends forward.

The school will send you a letter if your child does not pass the screening. The letter will tell you how to follow up with a doctor.

This screening is not a medical exam. Your child still needs to see a doctor for checkups.

If you do not wish to have your child screened for religious reasons, you must submit an exemption to the school.

Thank you for your cooperation.

Anna Hudnall RN

Three Lakes Middle School Nurse