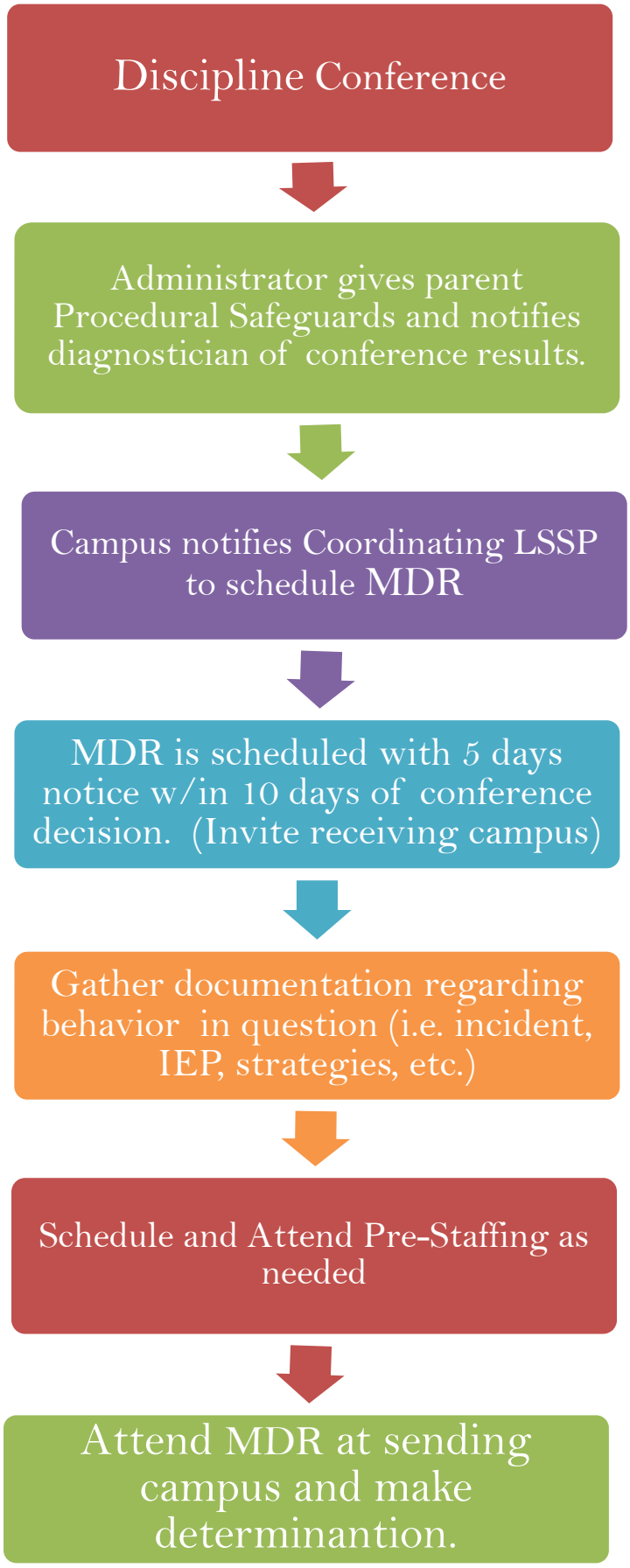Quick Guide through MDR Process 2008-2009